

## Friendship Bracelets

This teaching pack is dedicated to Katy Tse who helped make another year possible!



We used to love making friendship bracelets as kids - whilst they might be a little tricky to start what an awesome thing to give to one of your friends!

### Tools and Materials:

- Embroidery Thread (we have started with 3 once you are more confident you can try 5!)
- Scissors
- Sellotape



First of all you need to cut enough thread for your bracelet - we know it look a lot but because you knot the string it makes it shorter so we made it 5 times the length of a bracelet that would fit around just because it is far better to have too much string than not enough!



Then put a knot in the top to keep your strings together like so - loop the thread and pull the end through to knot it

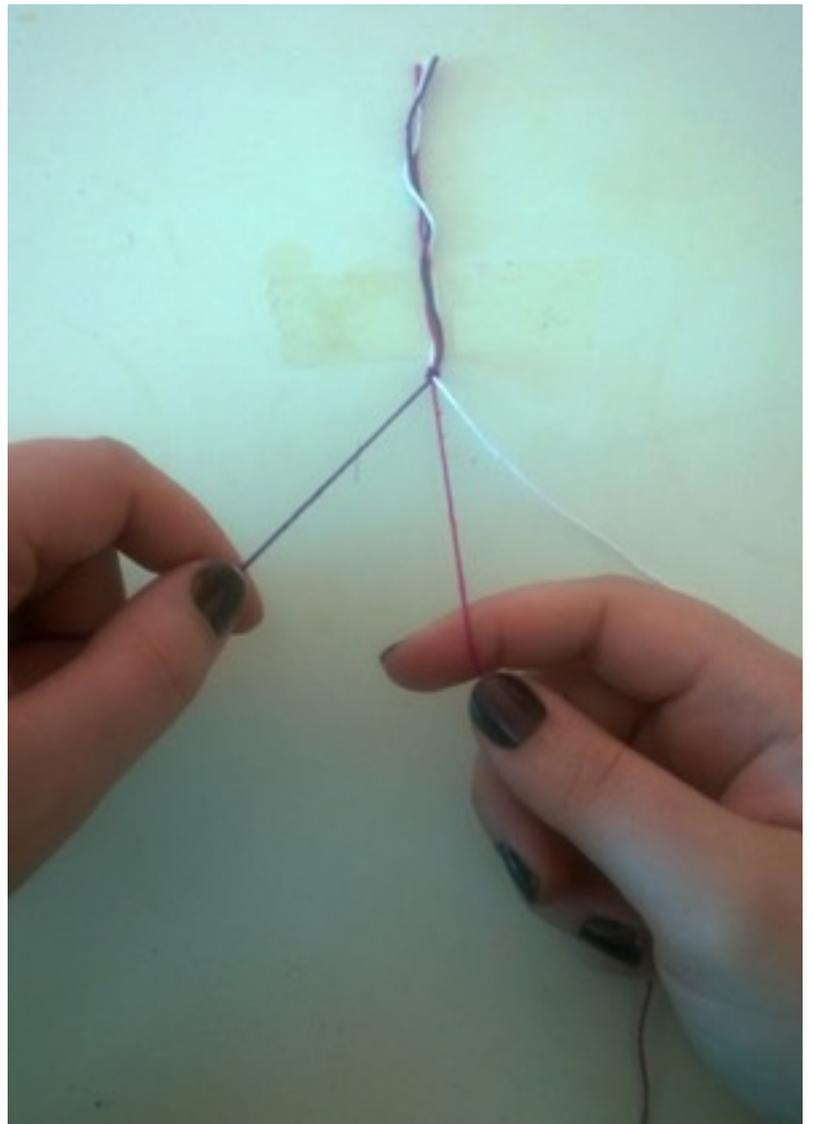


Now use a bit of sellotape to stick your threads to the table  
- this just makes it easier to knot as it won't move about!

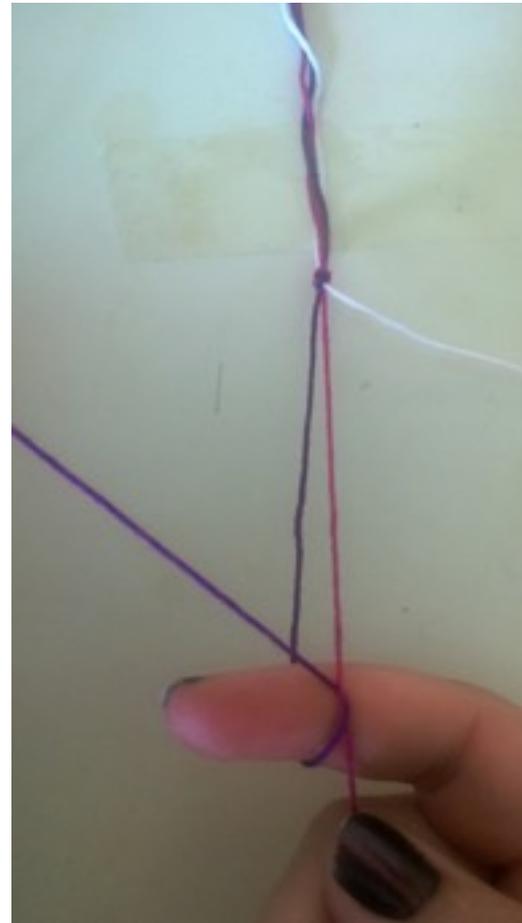
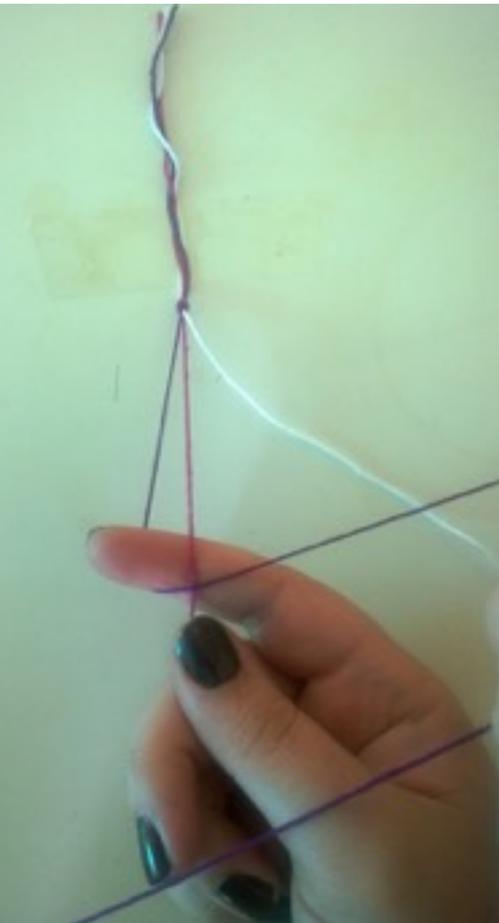


So pick the order in which you want to have your colours - it is important to remember the order so your bracelet turns out right.

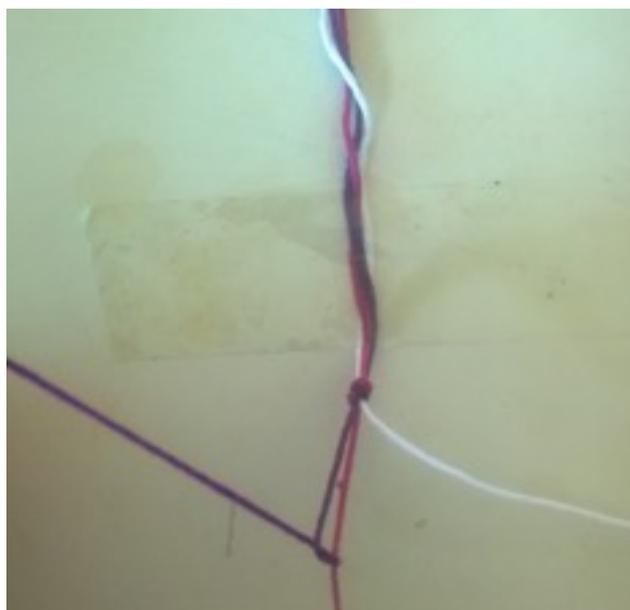
To make the bracelet we will be using a series of knots to give it texture



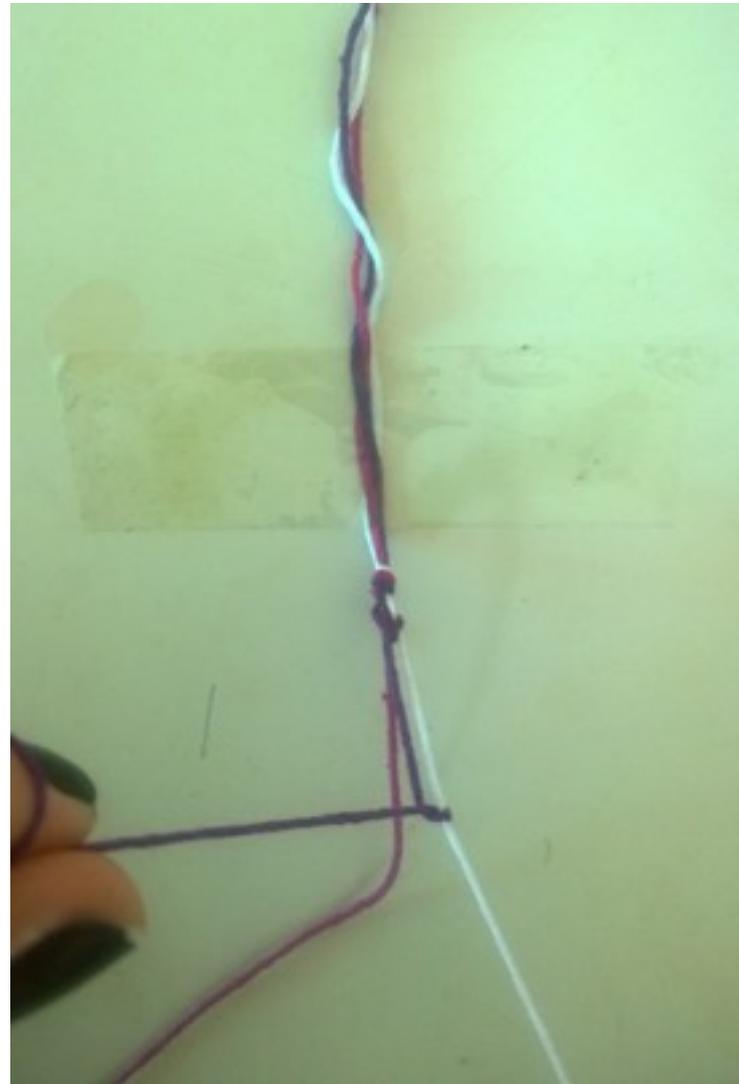
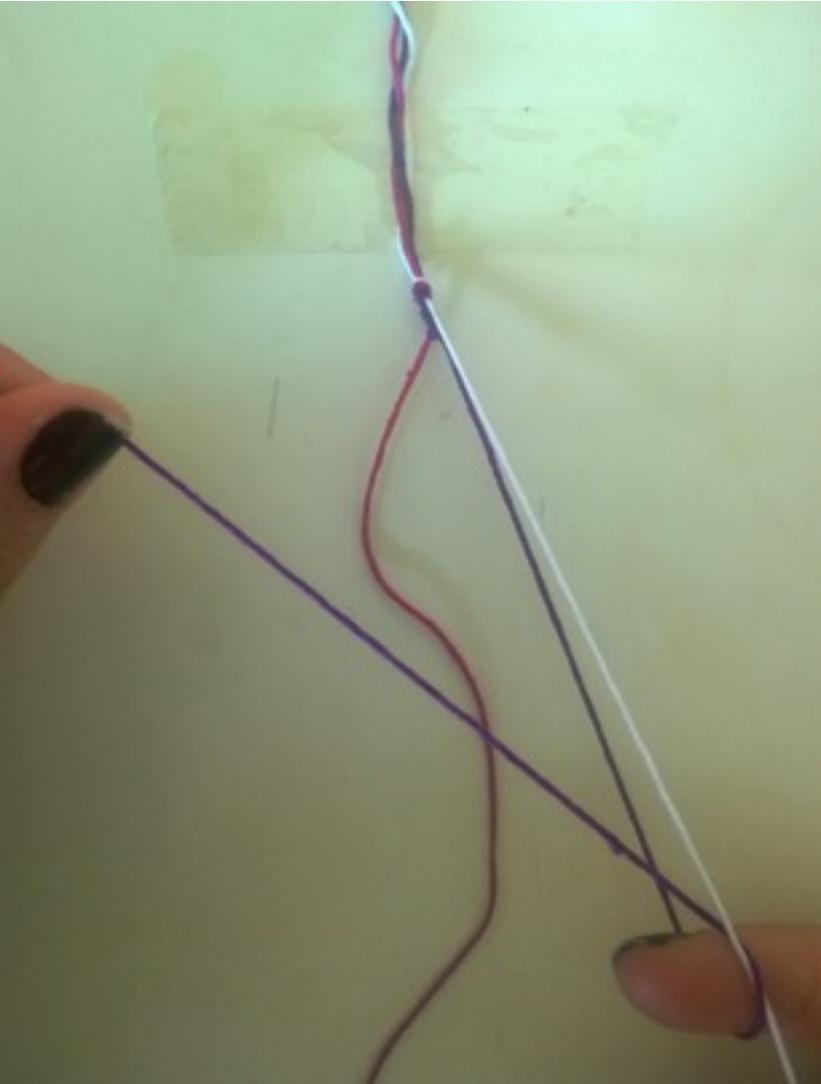
To get you used to the knot put your finger on the left side of your middle thread, loop the left thread around the bottom of your finger and to the right of the middle thread - then pull it up and through the left of the middle thread like this



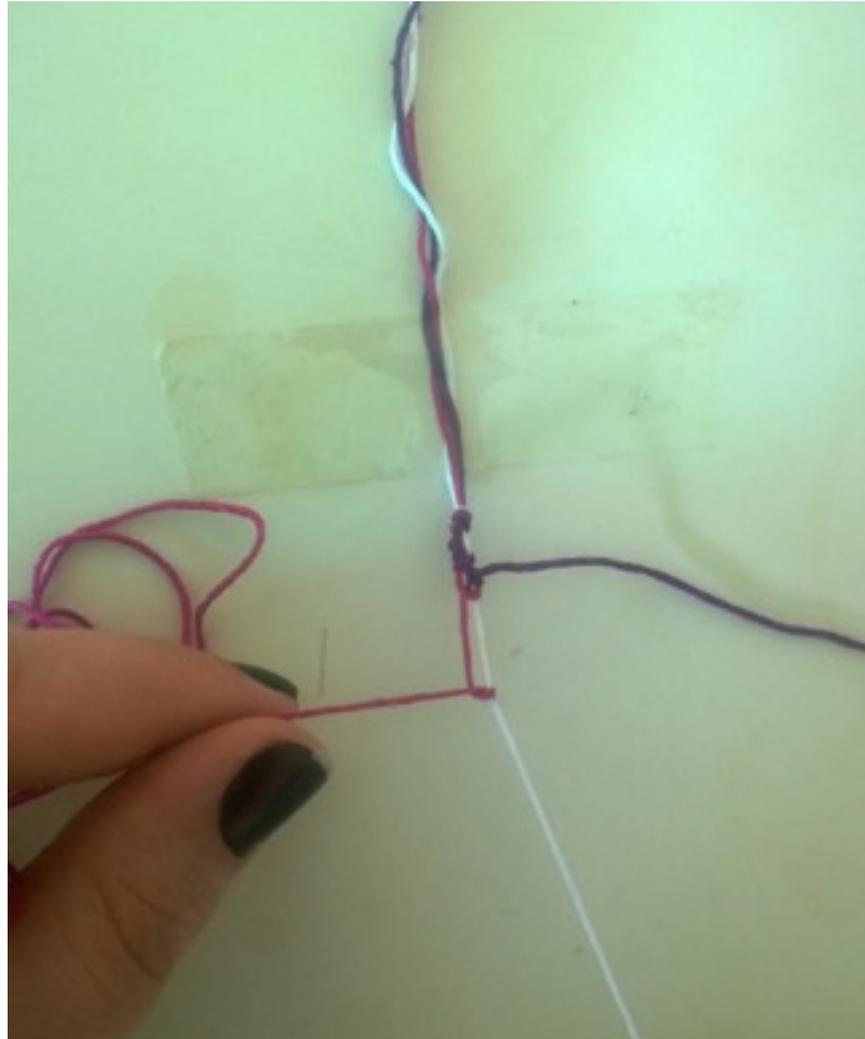
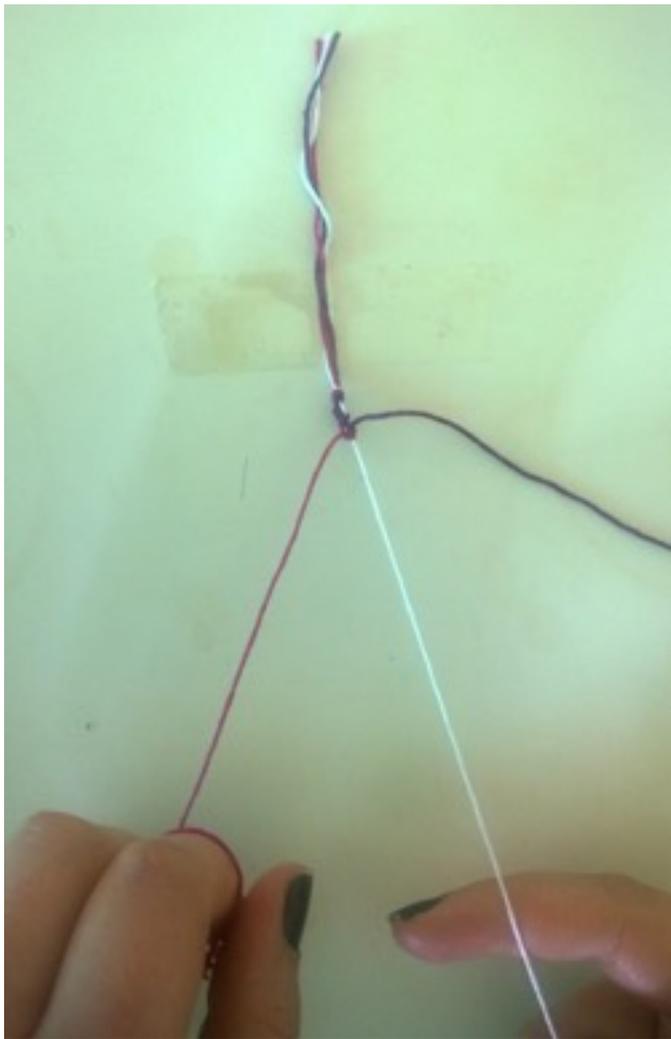
Move your finger your finger out the middle of the loop and pull up like so to create a knot - repeat 2 more times on the same string - we did 3 on each string to make the stripes better



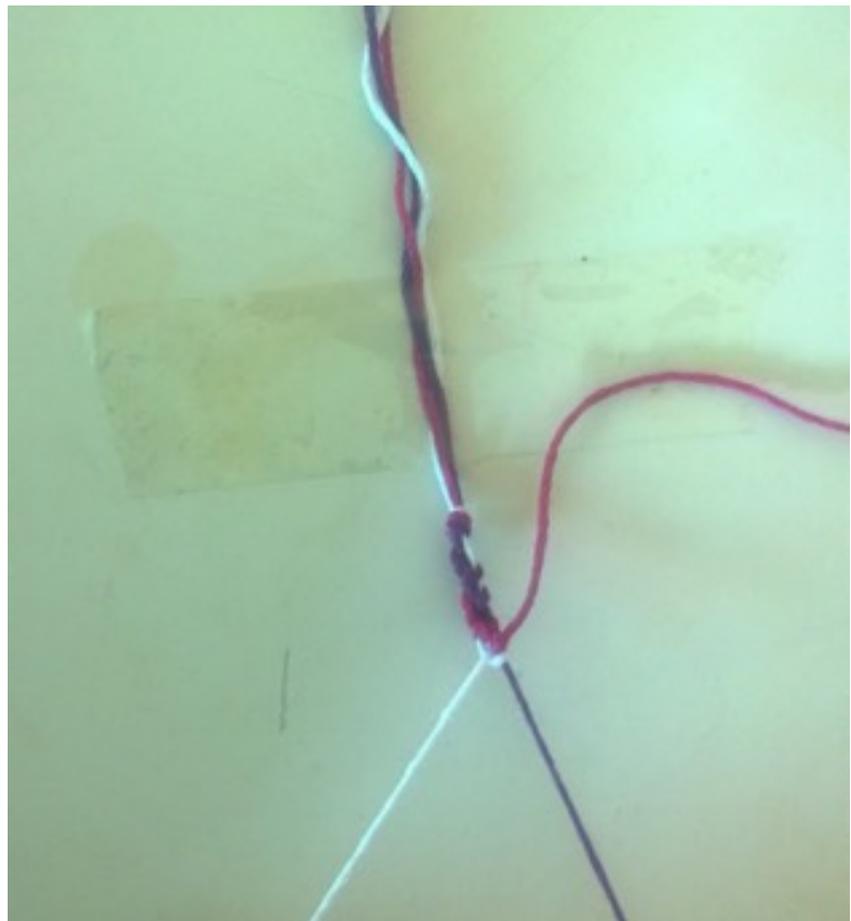
Once you have done 3 knots on the middle (pink) string then repeat on the white string but take care to keep your strings in the same order you started with



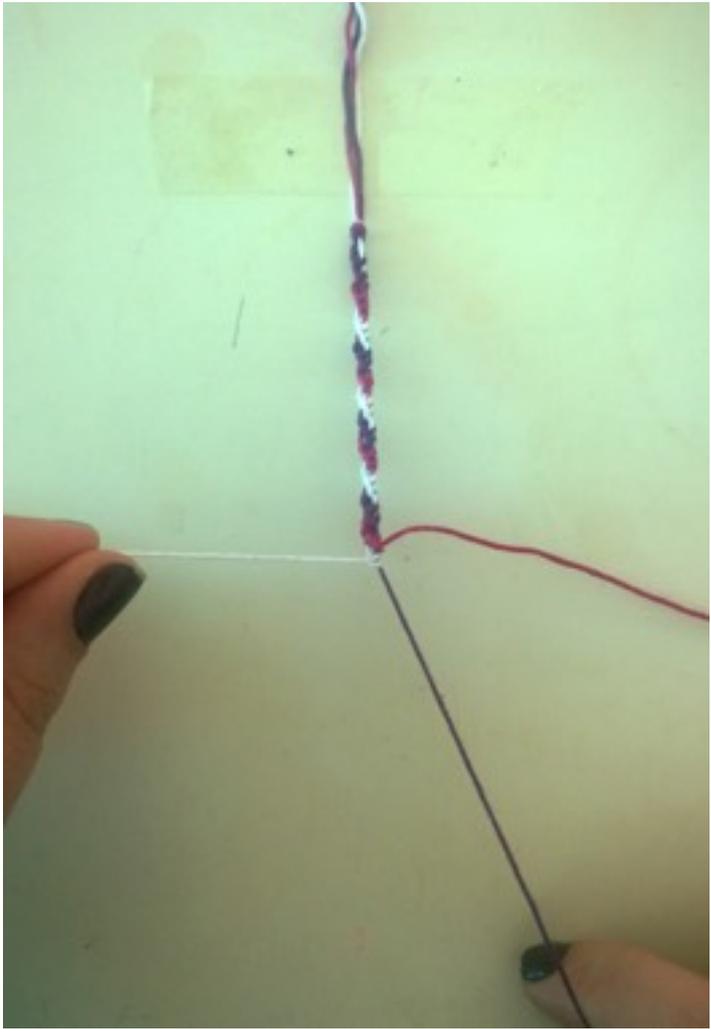
Now to repeat the process with the pink string



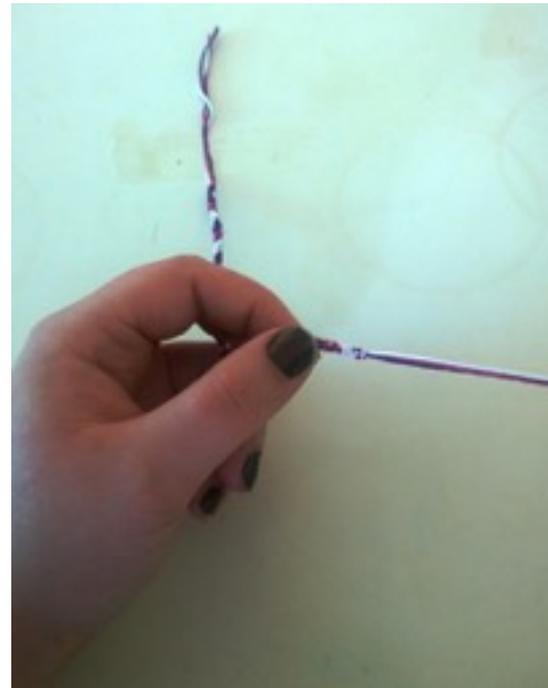
And then repeat with the white string - so in this case we started with purple, pink and white so you need to make sure you keep the same order each thread in turn will end up in the left, middle and right position



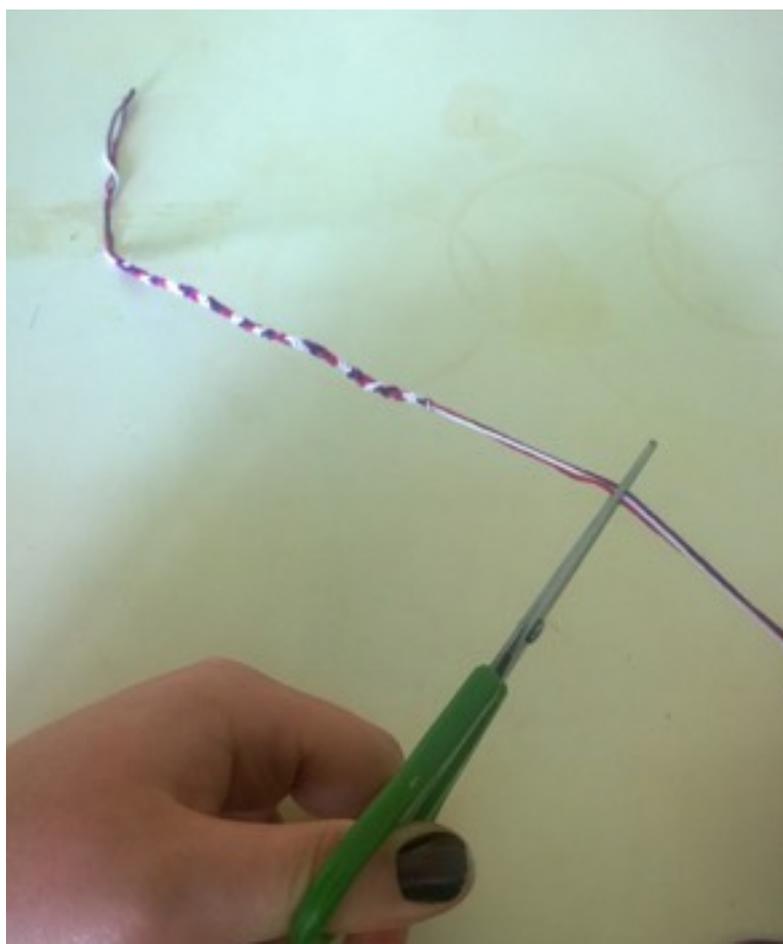
Just keep on knotting your threads and it should start looking like this



Once you are happy with the length and you are sure it will fit your friends wrist you can tie a knot in it like so



Cut off the excess to finish your bracelet but leave 3 - 4 cms of the loose strings - them same as the other end to make it easy for your friend to tie on their wrist



And there you have it your very own friendship bracelet!



Here is another we created to inspire you

