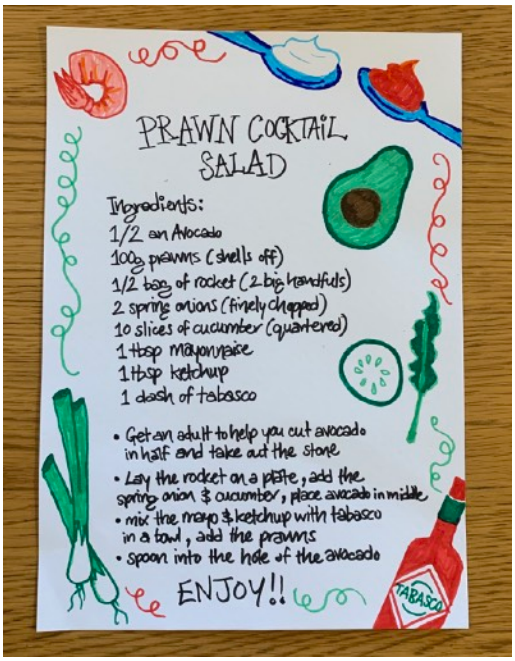
Cool it Art

Lambeth

World Food Day Recipes



It is the United Nations' World Food Day on the 16th October - promoting awareness around food poverty and access to nutritious balanced diets. Taking inspiration from that we wanted to get everyone thinking about simple recipes they can make at home to encourage connectivity to cooking!

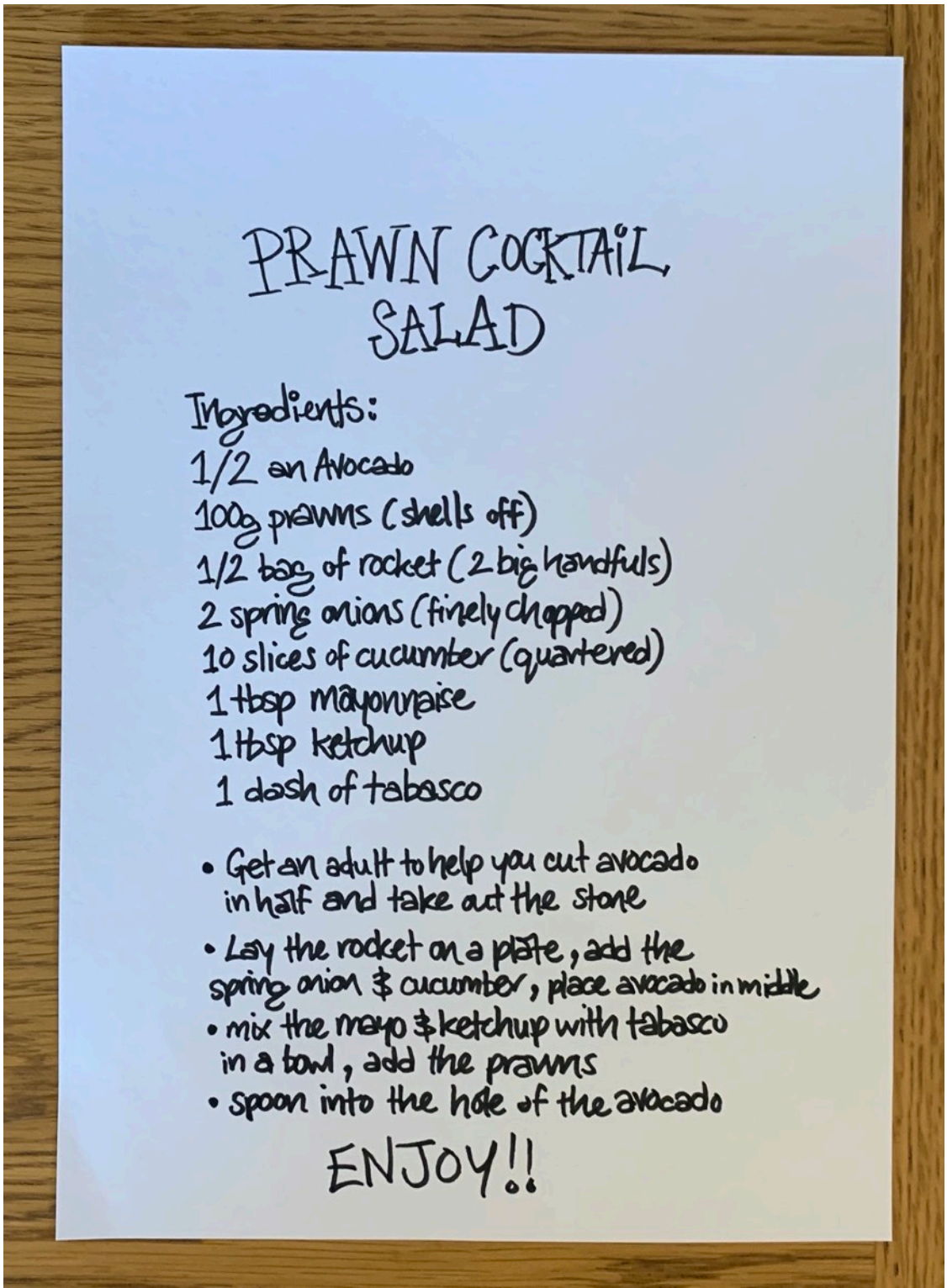
Tools and Materials:

- Paper
- Felt Tips

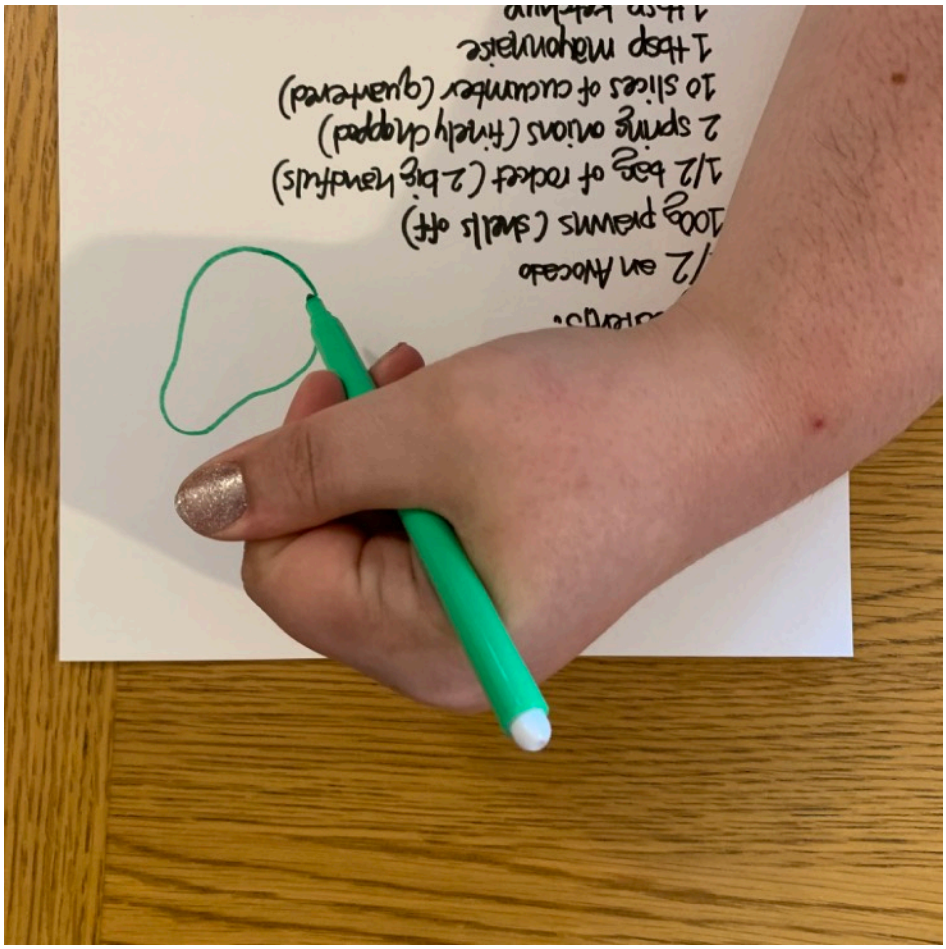


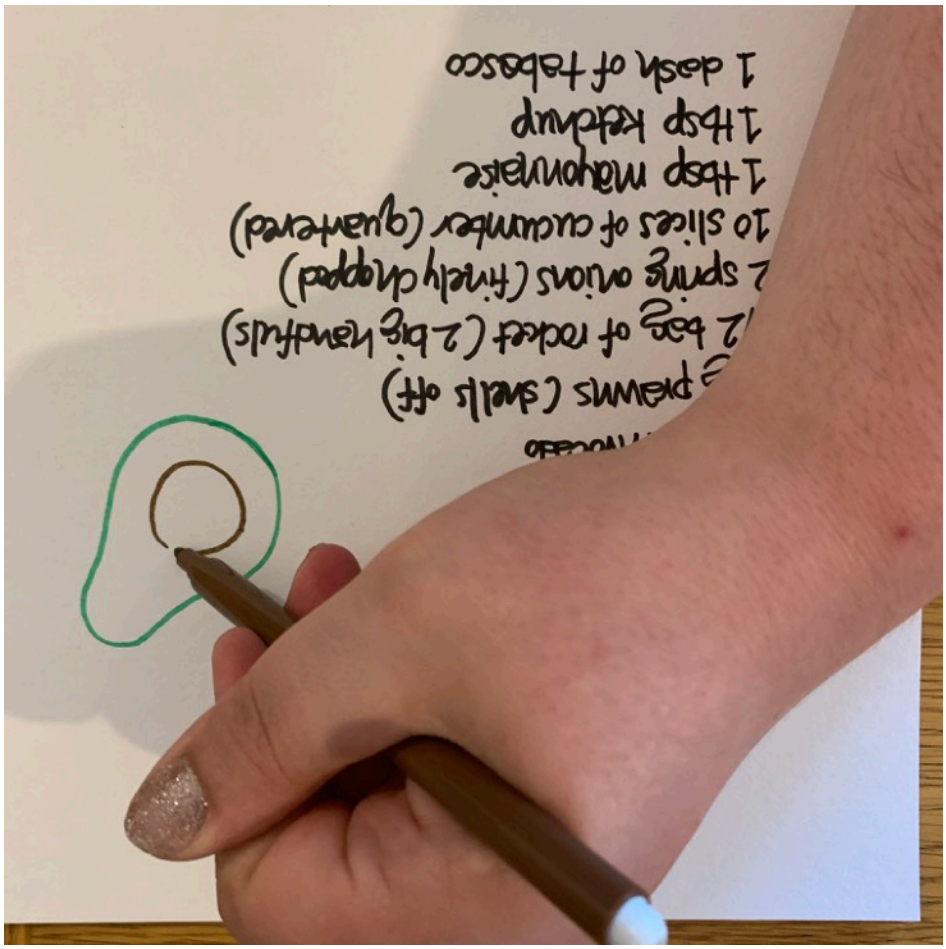
So first of all think about something you like to eat - is it something you have made or have had made for you? Does it need cooking or just putting together? What ingredients are in it? We thought it would be fun to de a recipe for prawn cocktail served in 1/2 an avocado - a slightly modern twist on a British favourite since the 70's!

Title your recipe and then list the ingredients and think what steps are needed to make it and write it out

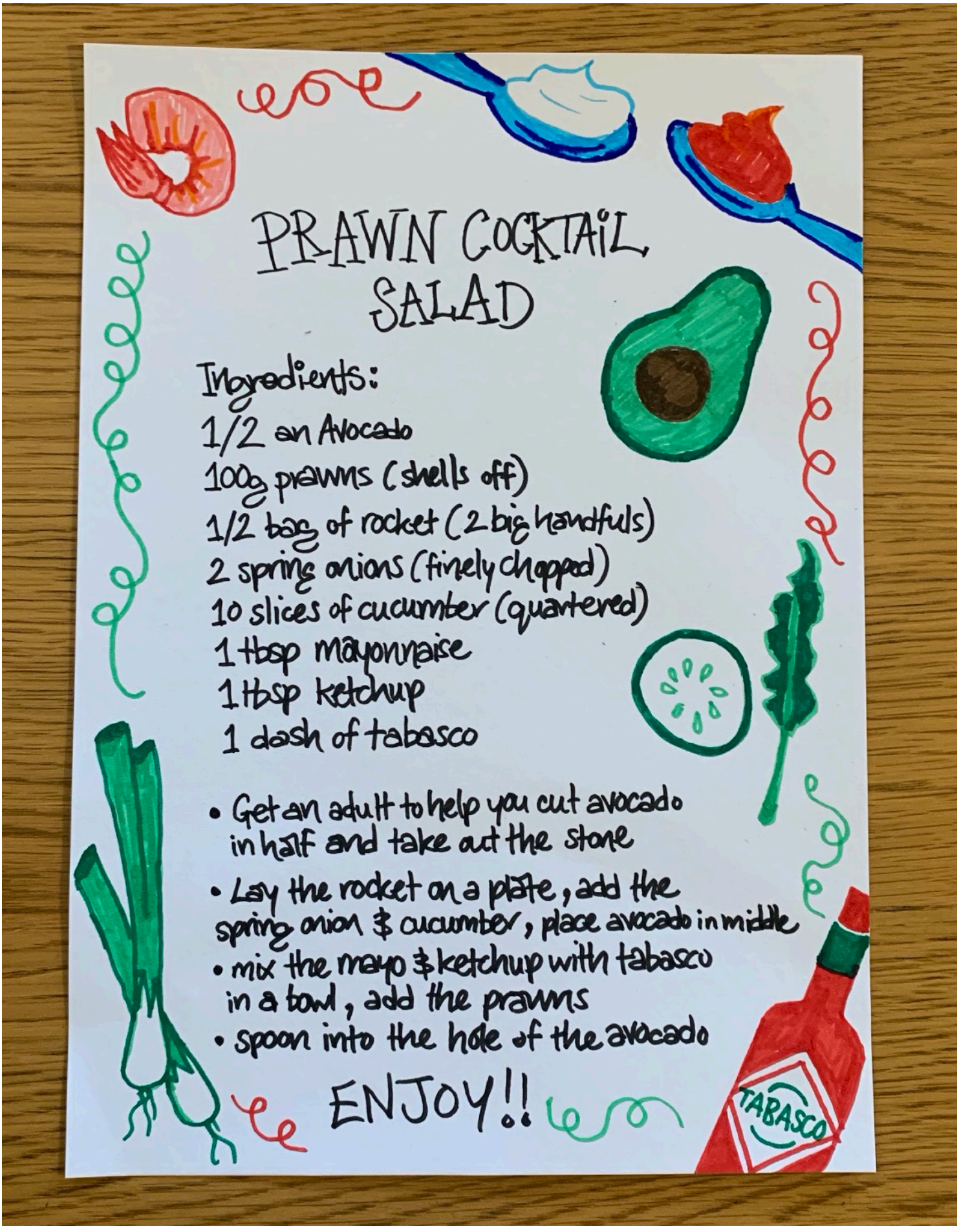


Now you can decorate it with things that are in your recipe or patterns if you prefer - whatever you think will look fun!





There you have it your very own “World Food Day Recipe”



Here is another we created to inspire you!

