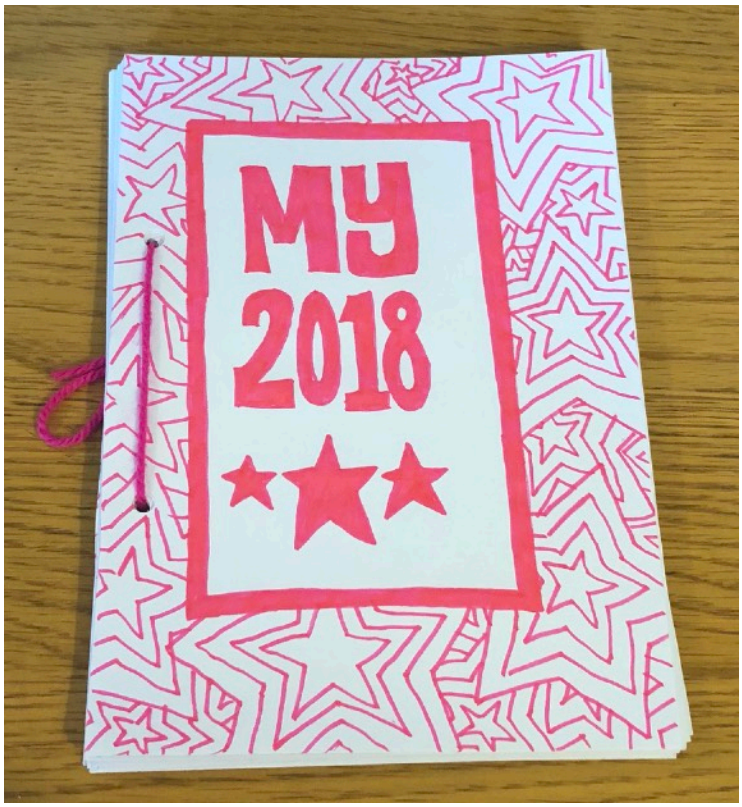
Cool it Art

Lambeth

Grant recipient of THE ARTS SOCIETY

BATTERSEA POWER STATION FOUNDATION

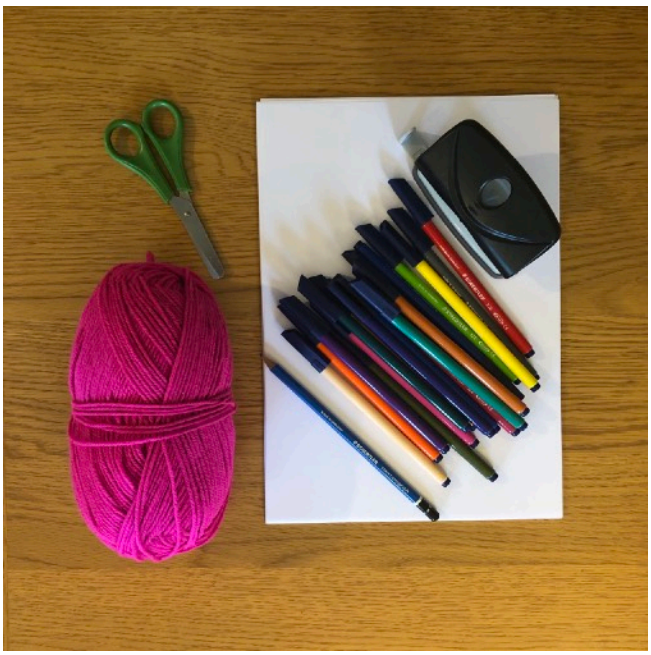
My 2018 Journal



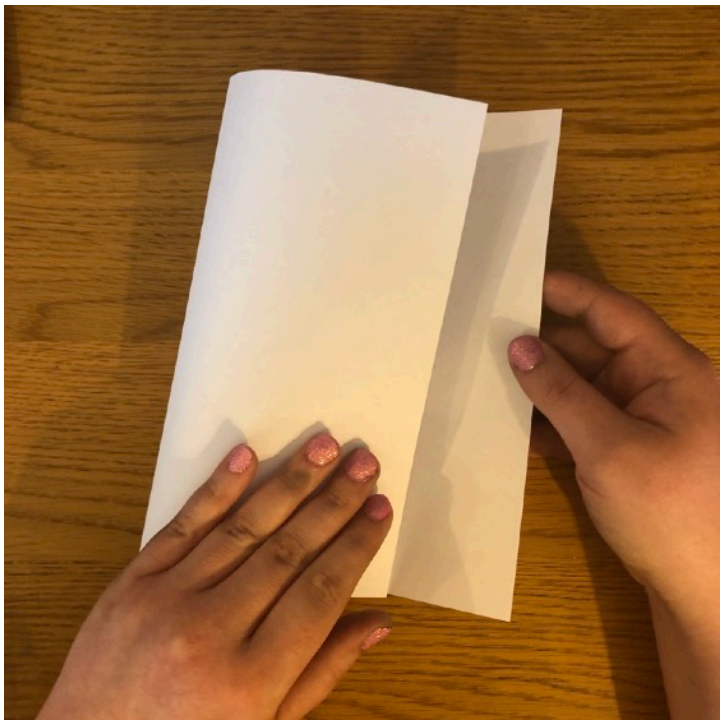
Using simple bookbinding why not create your own journal to document your year so you can look back over it at the end of the year!

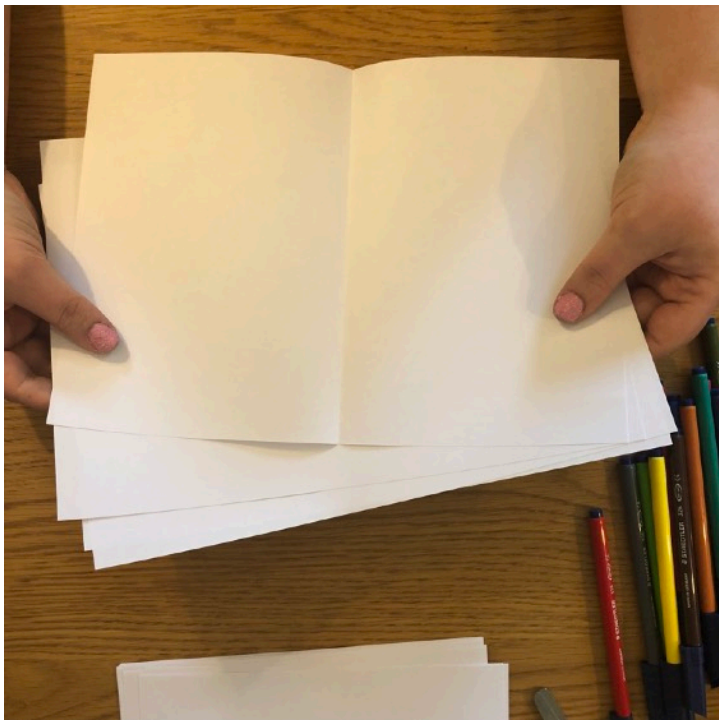
Tools and Materials:

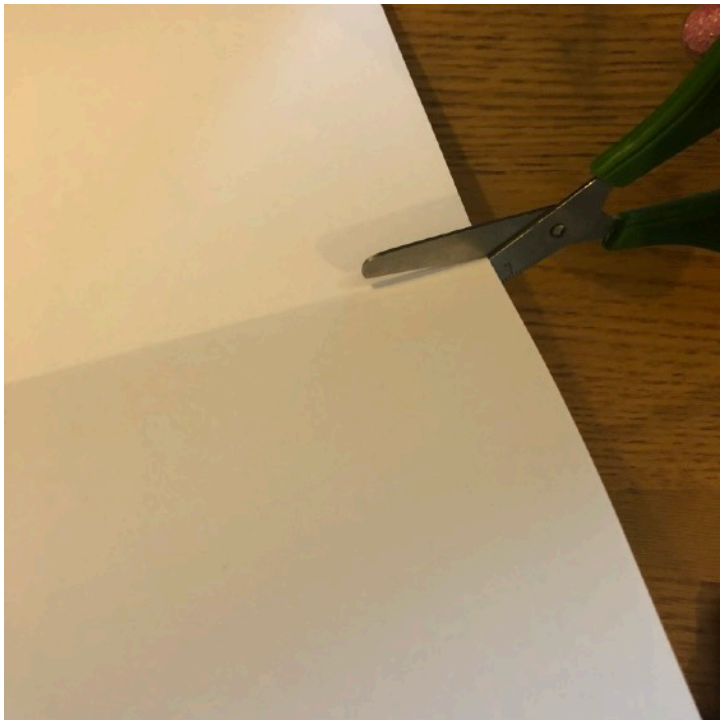
- A4 Paper (14 sheets)
- Pencil
- Felt Tips
- Scissors
- Hole Punch
- String or Wool



Using A4 paper means your journal will be A5 (half the size) we used 14 sheets because 1 sheet creates 2 pages and each page is double sided so we wanted our journal to be a page a week plus space for a front cover & back cover.
Take your sheets and fold them in half and cut along the fold to get your pages

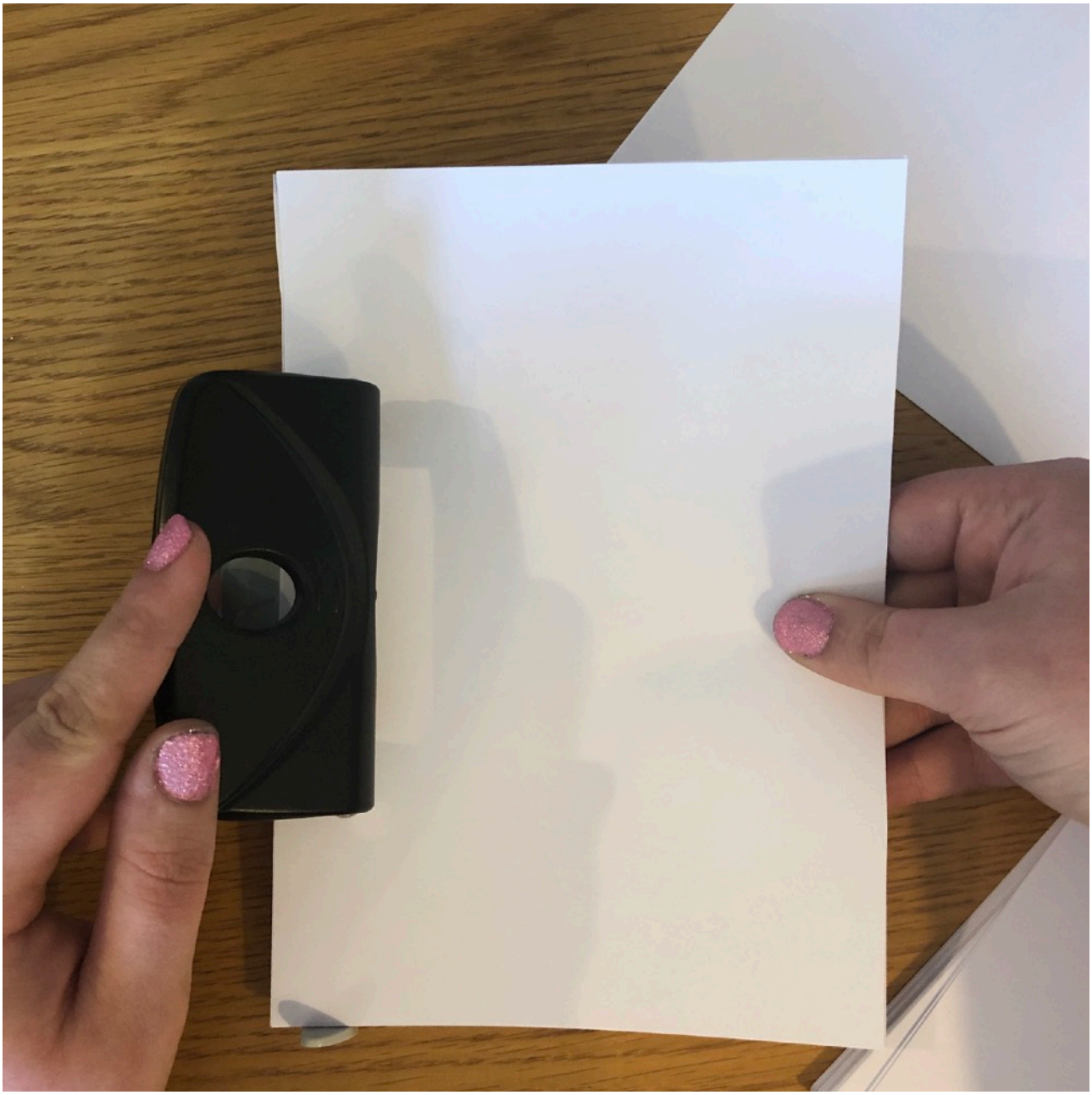




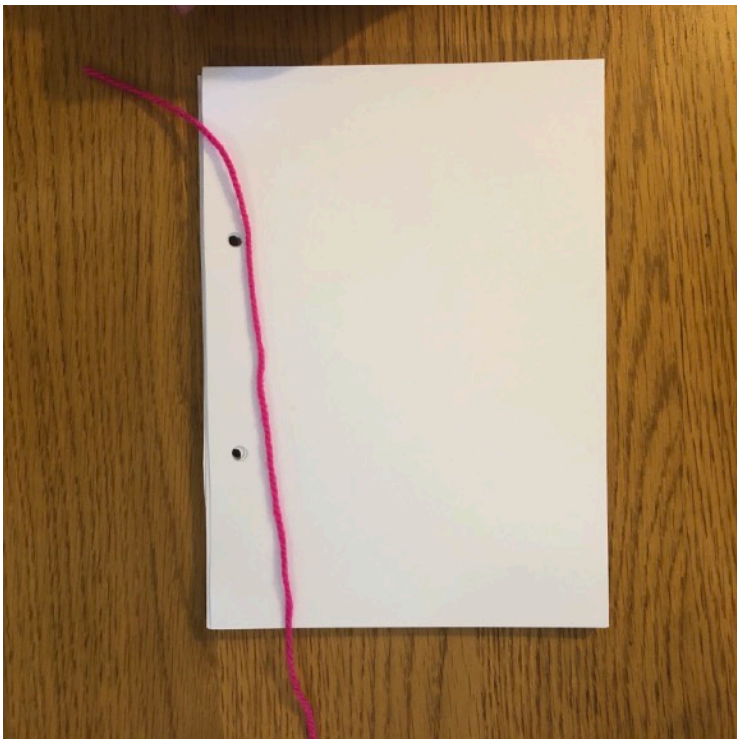


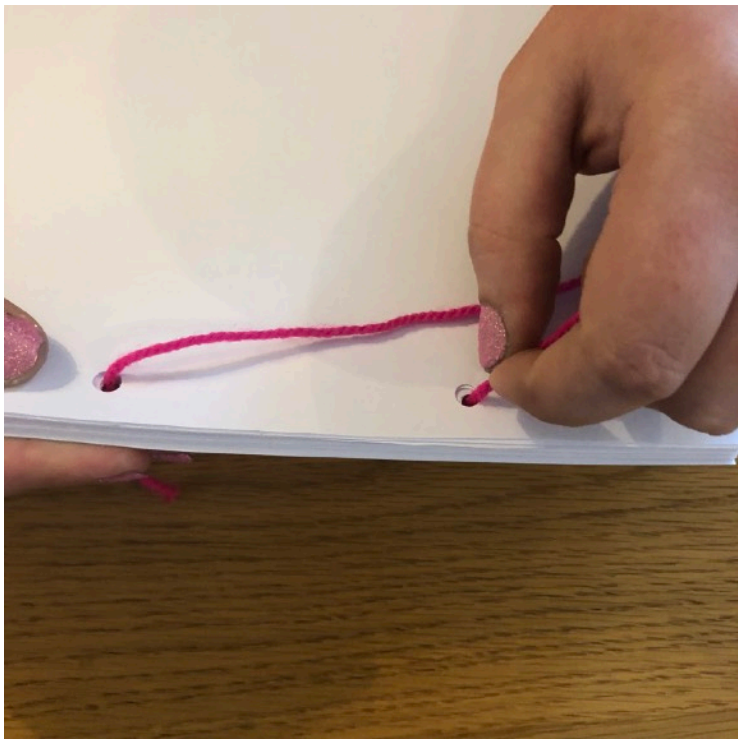


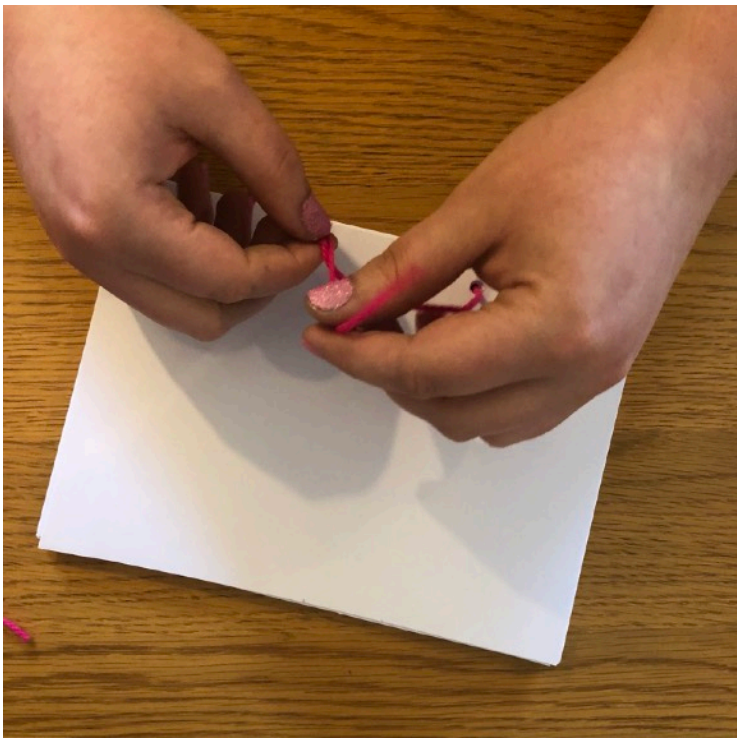
Taking a few sheets at a time (4 or 5) punch holes in the middle - a lot of hole punches have guides you pull out for different paper sizes - pull it out to A5 so you get the same spacing on each set



Now to thread the pages together - we just went for an easy version threading through the central holes and tying in a bow at the back - a bit like tying shoelaces!

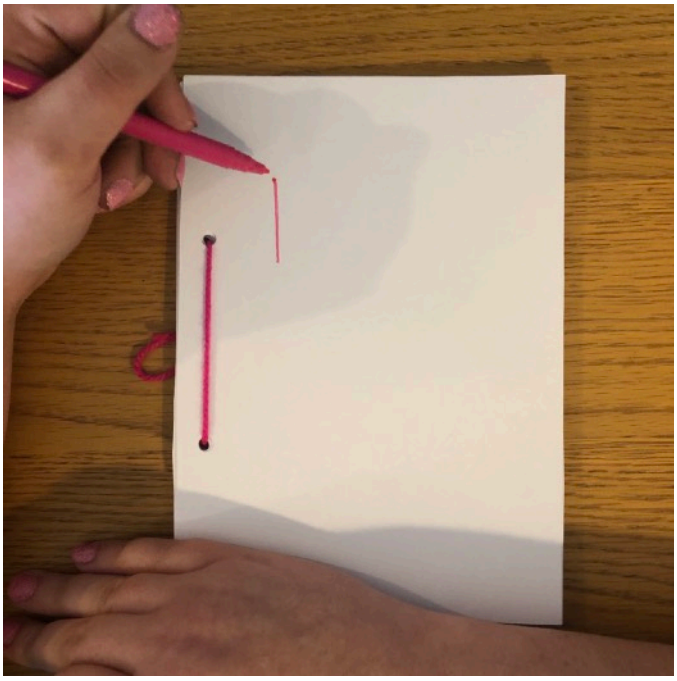


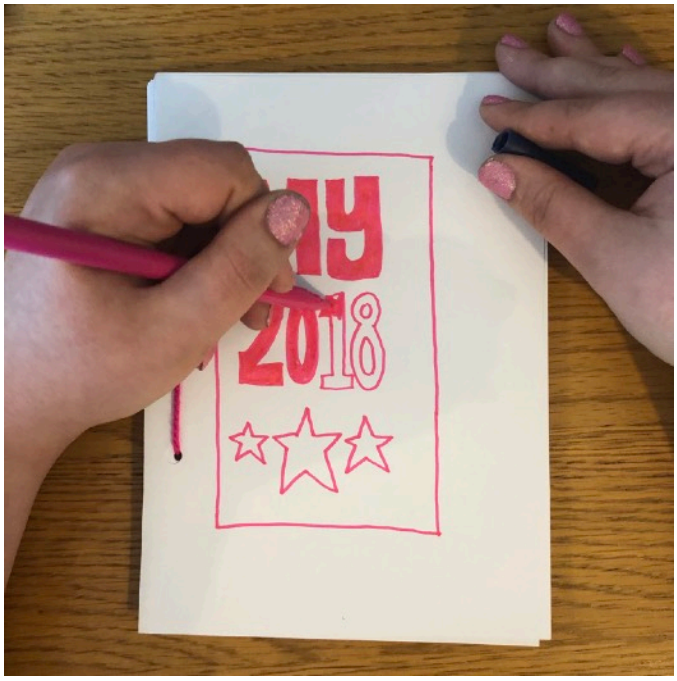






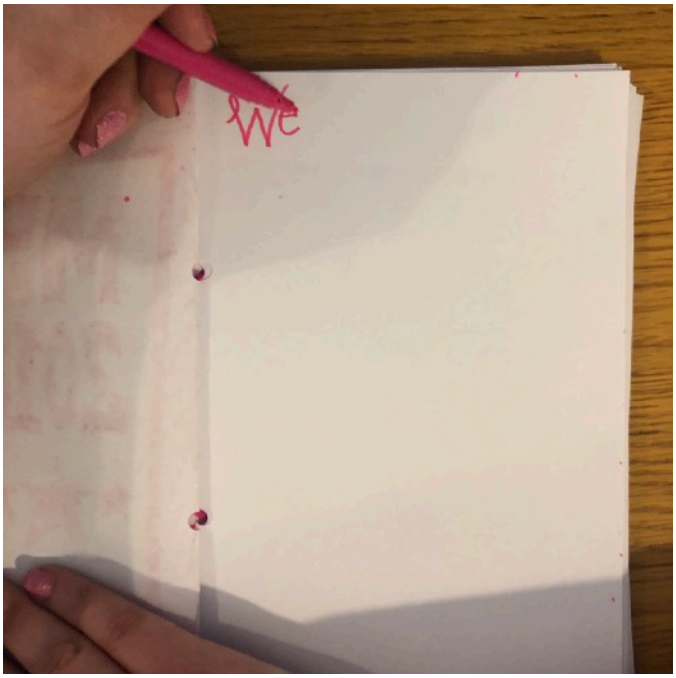
Now the fun bit - you can decorate the front of your journal!

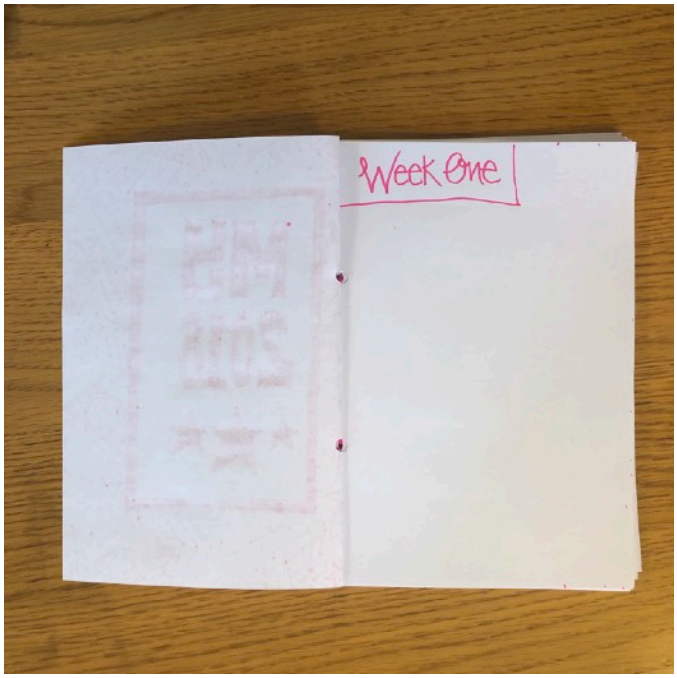


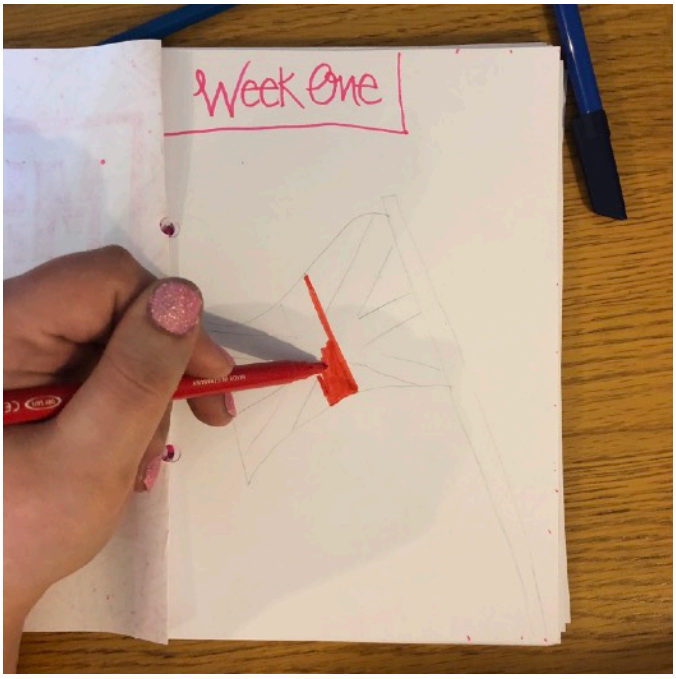




Once you have illustrated your front cover then you can start to think about what's been great about your week! Start to jot it down you can write or illustrate it - totally up to you!









There you have it your very own “My 2018 journal”!

